

PRODUCT DATA SHEET

CHILDREN'S BASIC NUTRIENTS

DESCRIPTION

Dietary Supplement

Children's Basic Nutrients

Supplement Facts

Serving Size: Six Capsules Servings Per Container: 30

Six Capsules Contain:		% DV
Vitamin A (as 750 IU Palmitate and 3,750 IU Mixed Carotenes)	4500 IU.	90%
Vitamin C (as Ascorbic Acid)	250 mg.	417%
Vitamin D (as Vitamin D3)	400 IU.	100%
Vitamin E (as d-Alpha-Tocopheryl)	120 IU.	400%
Vitamin K (as Vitamin K1)	30 mcg.	37.5%
Thiamine (from 15 mg Thiamine HCl)	12 mg.	800%
Riboflavin (as Riboflavin 5'- Phosphate)	3.3 mg.	194%
Vitamin B3 (from 9 mg Niacin and from 40 mg Niacinamide)	49 mg.	245%
Vitamin B6 (as Pyridoxal 5'- Phosphate)	3 mg.	150%
Folate (200 mcg as Calcium Folate and 200 mcg as 5-Methyl-tetrahydrofolate)	400 mcg.	100%
Vitamin B12 (from 67.5 mcg Adenosylcobalamin and from 67.5 mcg Methylcobalamin)	135 mcg.	2250%
Biotin	120 mcg.	40%
Pantothenic Acid (as Calcium Pantothenate)	124 mg.	1240%
Calcium (as Calcium Citrate-Malate)	90 mg.	9%
Iron (as Iron Picolinate)	4.5 mg.	25%
Iodine (from Potassium Iodide)	67.5 mg.	45%
Magnesium (as Magnesium Citrate-Malate)	85 mg.	21%
Zinc (as Zinc Picolinate)	4.5 mg.	30%
Selenium (as Selenium Picolinate)	60 mcg.	86%
Copper (as Copper Picolinate)	0.45 mg.	22.5%
Manganese (as Manganese Picolinate)	1.8 mg.	90%
Chromium (as UltraChrome®)	60 mcg.	50%
Molybdenum (as Molybdenum Picolinate)	30 mcg.	40%
Potassium (as Potassium Citrate-Malate)	27 mg.	<1%
Boron (as Boron Picolinate)	0.9 mg.	*
Choline Citrate	30 mg.	*
Vanadium (as Vanadium Picolinate)	30 mcg.	*

* Daily Value (DV) not established.

Other Ingredients: Hypromellose (derived from cellulose) capsule, Leucine,† Silicon Dioxide.†

†A hypoallergenic ingredient used to fill space.

VMC / 180 Vegetarian Capsules

EXCIPIENT FREE

This product does not contain wheat, gluten, corn, yeast, soy, egg, dairy products, or artificial colors, sweeteners, or flavors. This product also does not contain lactose, palmitic acid, or magnesium, calcium, or vegetable stearates.

HOW SUPPLIED

Childrens Basic Nutrients is supplied in bottles of 180 two-piece vegetarian capsules. Packed 12 bottles per case.

CONTRAINDICATIONS AND WARNINGS

Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Copper is contraindicated in a patient with Wilson's disease.

Iodine has prompted allergic reactions in some individuals.

This product is contraindicated in a patient with a history of hypersensitivity to any of its ingredients.

INTERACTIONS

As Vitamin K interferes with the effect of anticoagulant drugs (like Coumadin), the concurrent use of these agents should be avoided.

Folinic acid supplementation is not recommended concurrently with methotrexate cancer therapy, as it can interfere with methotrexate's anti-neoplastic activity; however, folinic acid has not been shown to interfere with the anti-inflammatory activity of methotrexate. A patient taking methotrexate for psoriasis, rheumatoid arthritis, or juvenile rheumatoid arthritis can safely take a folate supplement.

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they are raising their standards
... at Thorne, we set them.™*



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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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DOSAGE

3 capsules twice daily, or as otherwise directed by a health-care practitioner.

STORAGE

Store tightly sealed in a cool dry place, away from direct light. Keep out of the reach of children.

TRADEMARK AND PATENT INFORMATION

UltraChrome® is Thorne's trade name for Chromium (4 oxopyridine2,6-dicarboxylate, arginate). Protected under U.S. Patent No. 5,665,385.

MANUFACTURED BY

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